

SELWYN COLLEGE CHAPEL

SUNDAY 5 MARCH 2023

SECOND SUNDAY OF LENT

Holy Communion, 10.30am

Hymns	NEH 294 and NEH 391
First reading	Genesis 12: 1-4a
Psalm	121
Second reading	Romans 4: 1-5, 13-17
Gospel	John 1: 1-17
Preacher	Clare Owen, Ordinand on attachment
Motet	O God I cry in the daytime – John Reynolds

Choral Evensong, 6.00pm

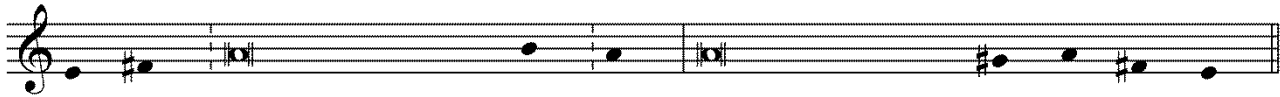
Introit	A Hymne to Christ – I. Holst
Responses	Sanders
Psalm	135: 1-14 Tone IV.4
OT Lesson	Numbers 21: 4-9
Canticles	Edington Service – Grayston Ives (SE 1967)
NT Lesson	Luke 14: 27-33
Anthem	Lo, the full final sacrifice - Finzi
Sermon	The Rev'd Canon Professor Jim Walters
Hymns	NEH 64 Be thou my guardian, and my guide NEH 76 Take up thy cross the Saviour said
Voluntary	Psalm-Prelude Set 1, no. 1 - Howells

The evening service is being livestreamed at

<https://youtu.be/qwC-YaSleGs>

MORNING PSALM 121

TONE VIII.1



- Cantor* 1 I WILL lift up mine eyes unto the hills (---):
from whence com-eth my help.
- Full* 2 My help cometh even from the Lord (---):
who hath made hea-ven and earth.
- Cantor* 3 He will not suffer thy foot to be moved (---):
and he that keepeth thee will not sleep.
- Full* 4 Behold he that keepeth Is-ra[^]el :
shall neither slum-ber nor sleep.
- Cantor* 5 The Lord himself is thy keep-er :
the Lord is thy defence up-on thy right hand;
- Full* 6 So that the sun shall not burn thee by day (---):
nei-ther the moon by[^]night.
- Cantor* 7 The Lord shall preserve thee from all e-vil :
yea it is even he that shall keep thy[^]soul.
- Full* 8 The Lord shall preserve thy going out and thy coming in (---):
from this time forth for e-ver[^]more.
- Cantor* Glory be to the Father and to the Son (---):
and to the Ho-ly[^]Ghost.
- Full* As it was in the beginning is now and ever shall be :
world with-out end. A-men.

INTROIT

Music: Imogen Holst (1907-1984)

Words: John Donne (1572-1631)

In what torne ship soever I embarke
That ship shall be my embleme of thy Arke;
What sea soever swallow mee, that flood
Shall be to mee an embleme of thy blood;
Though thou with clouds of anger do disguise
Thy face; yet through that maske I know those eyes
Which, though they turne away sometimes
They never will despise
I sacrifice this Iland unto thee

And all whom I lov'd there, and who lov'd mee;
 When I have put our seas twixt them and mee
 Put thou thy sea betwixt my sinnes and thee
 As the trees sap doth seeke the root below
 In winter, in my winter now I goe
 Where none but thee, th'Eternall root
 Of true Love I may know

EVENING PSALM 135 1-14

TONE IV.4



- Cantor* 1 O PRAISE the Lord, * laud ye the Name of the Lord (---):
 praise it O ye ser-vants of the Lord;
- Full* 2 Ye that stand in the house of the Lord (---):
 in the courts of the house of our God.
- Cantor* 3 O praise the Lord for the Lord is gra-cious :
 O sing praises unto his Name for it is love-ly.
- Full* 4 For why? * the Lord hath chosen Jacob un-to him-self (---):
 and Israel for his own pos-ses-sion.
- Cantor* 5 For I know that the Lord is great (---):
 and that our Lord is a-bove all^gods.
- Full* 6 Whatsoever the Lord pleased that did he in heaven and in earth (---):
 and in the sea and in all deep pla-ces.
- Cantor* 7 He bringeth forth the clouds from the ends of the world (---):
 and sendeth forth lightnings with the rain, *
 bringing the winds out of his trea-sures.
- Full* 8 He smote the first-born of E-gypt :
 (---) both of man and beast.
- Cantor* 9 He hath sent tokens and wonders into the midst of thee O thou land of E-
 gypt (---):
 upon Pharaoh and all his ser-vants.
- Full* 10 He smote di-vers na-tions :
 (---) and slew migh-ty kings;
- Cantor* 11 Sehon king of the Amorites and Og the king of Ba-san :
 and all the king-doms of Ca-naan;
- Full* 12 And gave their land to be an he-ri^tage :
 even an heritage unto Is-ra-el his peo-ple.

Cantor 13 Thy Name O Lord endu-reth for e-ver :
so doth thy memorial O Lord from one genera-tion to a-no-ther.

Full 14 For the Lord will a-venge his peo-ple :
and be gracious un-to his ser-vants.

Cantor Glory be to the Father and to the Son(---):
(---) and to the Ho-ly^Ghost.

Full As it was in the beginning is now and e-ver shall be:
world with-out end A-men.

ANTHEM Lo, the full final sacrifice

Music: Gerald Finzi (1901-1956)

Words: Richard Crashaw (1612-1649)

Lo, the full, final Sacrifice
On which all figures fix't their eyes.
The ransomed Isaac, and his ram;
The Manna, and the Paschal Lamb.

Jesu Master, just and true!
Our Food, and faithful Shepherd too!

O let that love which thus makes thee
Mix with our low Mortality,
Lift our lean Souls, and set us up
Convictors of thine own full cup,
Coheirs of Saints. That so all may
Drink the same wine; and the same way.
Nor change the Pasture, but the Place
To feed of Thee in thine own Face.

O dear Memorial of that Death
Which lives still, and allows us breath!
Rich, Royal food! Bountiful Bread!
Whose use denies us to the dead!

Live ever Bread of loves, and be
My life, my soul, my surer self to me.

Help Lord, my Faith, my Hope increase;
And fill my portion in thy peace.
Give love for life; nor let my days
Grow, but in new powers to thy name and
praise.

Rise, Royal Sion! rise and sing
Thy soul's kind shepherd, thy heart's King.
Stretch all thy powers; call if you can
Harps of heaven to hands of man.
This sovereign subject sits above
The best ambition of thy love.

Lo the Bread of Life, this day's
Triumphant Text provokes thy praise.
The living and life-giving bread,
To the great twelve distributed
When Life, himself, at point to die
Of love, was his own Legacy.

O soft self-wounding Pelican!
Whose breast weeps Balm for wounded man.
All this way bend thy benign flood
To a bleeding Heart that gasps for blood.
That blood, whose least drops sovereign be
To wash my worlds of sins from me.
Come love! Come Lord! and that long day
For which I languish, come away.
When this dry soul those eyes shall see,
And drink the unseal'd source of thee.
When Glory's sun faith's shades shall chase,
And for thy veil give me thy Face.

Amen.

SERVICES THIS WEEK

Sunday 5 March	10.30 am	College Communion
	6pm	Choral Evensong
		Preacher: Rev'd Canon Professor Jim Walters
Monday 6 March	8.45am	Morning Prayer
Tuesday 7 March	8.45am	Morning Prayer
	6.30pm	Choral Evensong
		Microsermon: Thorsten Wahl
Wednesday 8 March	8.45am	Morning Prayer
Thursday 9 March	8.45am	Morning Prayer
	6.30pm	Choral Evensong
Friday 10 March	8.45am	Morning Prayer
Sunday 12 March	10.30am	College Communion
	6.00pm	Choral Evensong
		Rev'd Dr Rob Mackley, Vicar of Little St Mary's

NOTICES

Drinks will be served after Choral Evensong in the Old SCR, followed by Chapel Supper in the Harrison Room for those who have booked in, followed by SCMS Trombone Recital by our choir's Ryan Hayes in at 8.30 in Hall.

Join us for a Wednesday Walk. From the Porters' Lodge at 2pm for a half hour's stroll.

Thursday Organ Recital Series continues! From 1.10pm for 35 minutes, drop in and drop out. This week we welcome Jonathan Lee from Trinity College.

Join us for Theology Thursdays – a weekly discussion group over a sandwich lunch in D7, 1-2pm. This term we will be reading Rowan Williams' *Being Christian*.

For regularly updated information about chapel services this term, including the most recent version of the term card and music list, and for all YouTube links for watching live or afterwards, join our mailing list by emailing chapel-administrator@sel.cam.ac.uk and visit <https://www.sel.cam.ac.uk/about/chapel-and-choir>