## SECOND SUNDAY OF LENT

**Holy Communion, 10.30am**

<table>
<thead>
<tr>
<th>Hymns</th>
<th>NEH 294 and NEH 391</th>
</tr>
</thead>
<tbody>
<tr>
<td>First reading</td>
<td>Genesis 12: 1-4a</td>
</tr>
<tr>
<td>Psalm</td>
<td>121</td>
</tr>
<tr>
<td>Second reading</td>
<td>Romans 4: 1-5, 13-17</td>
</tr>
<tr>
<td>Gospel</td>
<td>John 1: 1-17</td>
</tr>
<tr>
<td>Preacher</td>
<td>Clare Owen, Ordinand on attachment</td>
</tr>
<tr>
<td>Motet</td>
<td>O God I cry in the daytime – John Reynolds</td>
</tr>
</tbody>
</table>

### Choral Evensong, 6.00pm

<table>
<thead>
<tr>
<th>Introit</th>
<th>A Hymne to Christ – I. Holst</th>
</tr>
</thead>
<tbody>
<tr>
<td>Responses</td>
<td>Sanders</td>
</tr>
<tr>
<td>Psalm</td>
<td>135: 1-14 Tone IV.4</td>
</tr>
<tr>
<td>OT Lesson</td>
<td>Numbers 21: 4-9</td>
</tr>
<tr>
<td>Canticles</td>
<td>Edington Service – Grayston Ives (SE 1967)</td>
</tr>
<tr>
<td>NT Lesson</td>
<td>Luke 14: 27-33</td>
</tr>
<tr>
<td>Anthem</td>
<td>Lo, the full final sacrifice - Finzi</td>
</tr>
<tr>
<td>Sermon</td>
<td>The Rev’d Canon Professor Jim Walters</td>
</tr>
<tr>
<td>Hymns</td>
<td>NEH 64 Be thou my guardian, and my guide</td>
</tr>
<tr>
<td></td>
<td>NEH 76 Take up thy cross the Saviour said</td>
</tr>
<tr>
<td>Voluntary</td>
<td>Psalm-Prelude Set 1, no. 1 - Howells</td>
</tr>
</tbody>
</table>

The evening service is being livestreamed at [https://youtu.be/qwC-YaSIeGs](https://youtu.be/qwC-YaSIeGs)
Cantor 1 I WILL lift up mine eyes unto the hills (---):
from whence com-eth my help.

Full 2 My help cometh even from the Lord (---):
who hath made hea-ven and earth.

Cantor 3 He will not suffer thy foot to be moved (---):
and he that keepeth thee will not sleep.

Full 4 Behold he that keepeth Is-ra`el:
shall neither slum-ber nor sleep.

Cantor 5 The Lord himself is thy keep-er:
the Lord is thy defence up-on thy right hand;

Full 6 So that the sun shall not burn thee by day (---):
nei-ther the moon by-night.

Cantor 7 The Lord shall preserve thee from all e-vil:
yea it is even he that shall keep thy soul.

Full 8 The Lord shall preserve thy going out and thy coming in (---):
from this time forth for e-ver more.

Cantor 9 Glory be to the Father and to the Son (---):
and to the Ho-ly Ghost.

Full 10 As it was in the beginning is now and ever shall be:

INTROIT
Music: Imogen Holst (1907-1984)
Words: John Donne (1572-1631)

In what torne ship soever I embarke
That ship shall be my embleme of thy Arke;
What sea soever swallow mee, that flood
Shall be to mee an embleme of thy blood;
Though thou with clouds of anger do disguise
Thy face; yet through that maske I know those eyes
Which, though they turne away sometimes
They never will despise
I sacrifice this Iland unto thee
And all whom I lov’d there, and who lov’d mee;
When I have put our seas twixt them and mee
Put thou thy sea betwixt my sinnes and thee
As the trees sap doth seeke the root below
In winter, in my winter now I goe
Where none but thee, th’Eternall root
Of true Love I may know

**EVENING PSALM 135 1-14**

Cantor 1  O PRAISE the Lord, * laud ye the Name of the Lord (---):
praise it O ye servants of the Lord;

Full 2  Ye that stand in the house of the Lord (---):
in the courts of the house of our God.

Cantor 3  O praise the Lord for the Lord is gracious :
O sing praises unto his Name for it is love-ly.

Full 4  For why? * the Lord hath chosen Jacob unto him-self (---):
and Israel for his own possession.

Cantor 5  For I know that the Lord is great (---):
and that our Lord is above all gods.

Full 6  Whatsoever the Lord pleased that did he in heaven and in earth (---):
and in the sea and in all deep places.

Cantor 7  He bringeth forth the clouds from the ends of the world (---):
and sendeth forth lightnings with the rain, *
bringing the winds out of his treasures.

Full 8  He smote the first-born of Egypt :
both of man and beast.

Cantor 9  He hath sent tokens and wonders into the midst of thee O thou land of Egypt (---):
upon Pharaoh all his servants.

Full 10  He smote di-vers na-tions :
and slew migh-ty kings;

Cantor 11  Sehon king of the Amorites and Og the king of Ba-san :
and all the kings of Canaan;

Full 12  And gave their land to be an heri-tage :
even an heritage unto Is-ra-el his peo-ple.
Cantor 13 Thy Name O Lord endu-\textit{reth} for e-ver :
so doth thy memorial O Lord from one genera-\textit{tion} to a-no-ther.

Full 14 For the Lord will a-\textit{venge} his peo-ple :
and be gracious \textit{un}-to his ser-\textit{vants}.

Cantor Glory be to the Father and \textit{to} the Son(---):
(---) \textit{and} to the Ho-ly\`Ghost.

Full As it was in the beginning is now and e-\textit{ver} shall be:
world \textit{with}-out end A-men.

ANTHEM Lo, the full final sacrifice
Music: Gerald Finzi (1901-1956)
Words: Richard Crashaw (1612-1649)

Lo, the full, final Sacrifice
On which all figures fix't their eyes.
The ransomed Isaac, and his ram;
The Manna, and the Paschal Lamb.
Jesu Master, just and true!
Our Food, and faithful Shepherd too!

Rise, Royal Sion! rise and sing
Thy soul's kind shepherd, thy heart's King.
Stretch all thy powers; call if you can
Harps of heaven to hands of man.
This sovereign subject sits above
The best ambition of thy love.

O let that love which thus makes thee
Mix with our low Mortality,
Lift our lean Souls, and set us up
Convictors of thine own full cup,
Coheirs of Saints. That so all may
Drink the same wine; and the same way.
Nor change the Pasture, but the Place
To feed of Thee in thine own Face.

O dear Memorial of that Death
Which lives still, and allows us breath!
Rich, Royal food! Bountiful Bread!
Whose use denies us to the dead!

Lo the Bread of Life, this day's
Triumphant Text provokes thy praise.
The living and life-giving bread,
To the great twelve distributed
When Life, himself, at point to die
Of love, was his own Legacy.

O soft self-wounding Pelican!
Whose breast weeps Balm for wounded man.
All this way bend thy benign flood
To a bleeding Heart that gasps for blood.
That blood, whose least drops sovereign be
To wash my worlds of sins from me.
Come love! Come Lord! and that long day
For which I languish, come away.

When this dry soul those eyes shall see,
And drink the unseal'd source of thee.
When Glory's sun faith's shades shall chase,
And for thy veil give me thy Face.

Help Lord, my Faith, my Hope increase;
And fill my portion in thy peace.
Give love for life; nor let my days
Grow, but in new powers to thy name and praise.

Amen.
SERVICES THIS WEEK

Sunday 5 March  
10.30 am  College Communion
6pm  Choral Evensong
Preacher: Rev’d Canon Professor Jim Walters

Monday 6 March  
8.45am  Morning Prayer

Tuesday 7 March  
8.45am  Morning Prayer
6.30pm  Choral Evensong
Microsermon: Thorsten Wahl

Wednesday 8 March  
8.45am  Morning Prayer

Thursday 9 March  
8.45am  Morning Prayer
6.30pm  Choral Evensong

Friday 10 March  
8.45am  Morning Prayer

Sunday 12 March  
10.30am  College Communion
6.00pm  Choral Evensong
Rev’d Dr Rob Mackley, Vicar of Little St Mary’s

NOTICES

Drinks will be served after Choral Evensong in the Old SCR, followed by Chapel Supper in the Harrison Room for those who have booked in, followed by SCMS Trombone Recital by our choir’s Ryan Hayes in at 8.30 in Hall.

Join us for a Wednesday Walk. From the Porters’ Lodge at 2pm for a half hour’s stroll.

Thursday Organ Recital Series continues! From 1.10pm for 35 minutes, drop in and drop out. This week we welcome Jonathan Lee from Trinity College.

Join us for Theology Thursdays – a weekly discussion group over a sandwich lunch in D7, 1-2pm. This term we will be reading Rowan Williams’ Being Christian.

For regularly updated information about chapel services this term, including the most recent version of the term card and music list, and for all YouTube links for watching live or afterwards, join our mailing list by emailing chapel-administrator@sel.cam.ac.uk and visit https://www.sel.cam.ac.uk/about/chapel-and-choir