Tuesday 19 October – CHORAL EVENSONG, 6:30pm

Responses: Joanna Forbes L’Estrange
Psalm: 116
First Lesson: Proverbs 31.10-end
Canticles: Selwyn Service – Stephanie Martin
Anthem: My eyes for beauty pine – Elizabeth Coxhead
Microsermon: Peter Leith
Voluntary: Ruhig bewegt (Sonate I) - Hindemith

Thursday 21 October – CHORAL EVENSONG, 6:30pm

Responses: Smith
Psalm: 25
First Lesson: Exodus 12.1-20
Canticles: Fifth Service - Tomkins
Second Lesson: 1 Thessalonians 4.1-12
Anthem: Sicut cervus – Palestrina
Hymn: 456
Voluntary: O Gott du frommer Gott - Smyth

See over for texts of psalms and anthems
TUESDAY PSALM 116

I AM well pleased: that the Lord hath heard the voice of my prayer;
2. That he hath inclined his ear unto me: therefore will I call upon him as long as I live.
3. The snares of death compassed me round about: and the pains of hell gat hold upon me.
4. I shall find trouble and heaviness, and I will call upon the Name of the Lord: O Lord, I beseech thee, deliver my soul.
5. Gracious is the Lord, and righteous: yea, our God is merciful.
6. The Lord preserveth the simple: I was in misery, and he helped me.
7. Turn again then unto thy rest, O my soul: for the Lord hath rewarded thee.
8. And why? thou hast delivered my soul from death: mine eyes from tears, and my feet from falling.
9. I will walk before the Lord: in the land of the living.
10. I believed, and therefore will I speak; but I was sore troubled: I said in my haste, All men are liars.
11. What reward shall I give unto the Lord: for all the benefits that he hath done unto me?
12. I will receive the cup of salvation: and call upon the Name of the Lord.
13. I will pay my vows now in the presence of all his people: right dear in the sight of the Lord is the death of his saints.
14. Behold, O Lord, how that I am thy servant: I am thy servant, and the son of thine handmaid; thou hast broken my bonds in sunder.
15. I will offer to thee the sacrifice of thanksgiving: and will call upon the Name of the Lord.
16. I will pay my vows unto the Lord, in the sight of all his people: in the courts of the Lord's house, even in the midst of thee, O Jerusalem. Praise the Lord

TUESDAY ANTHEM

My eyes for beauty pine
music: Elizabeth Coxhead (b.1987)
words: Robert Bridges (1844-1930)

My eyes for beauty pine, my soul for Goddes grace, no other care nor hope is mine
to heaven I turn my face. One splendour thence is shed from all the stars above,
t’is named when God's name is said. 'Tis love, 'tis heavenly love and every gentle heart that burns with true desire is lit with eyes that mirror part of that celestial fire.
THURSDAY PSALM 25

UNTO thee, O Lord, will I lift up my soul; my God, I have put my trust in thee: O let me not be confounded, neither let mine enemies triumph over me.
2. For all they that hope in thee shall not be ashamed: but such as transgress without a cause shall be put to confusion.
3. Shew me thy ways, O Lord: and teach me thy paths.
4. Lead me forth in thy truth, and learn me: for thou art the God of my salvation; in thee hath been my hope all the day long.
5. Call to remembrance, O Lord, thy tender mercies: and thy loving-kindnesses, which have been ever of old.
6. O remember not the sins and offences of my youth: but according to thy mercy think thou upon me, O Lord, for thy goodness.
7. Gracious and righteous is the Lord: therefore will he teach sinners in the way.
8. Them that are meek shall he guide in judgement: and such as are gentle, them shall he learn his way.
9. All the paths of the Lord are mercy and truth: unto such as keep his covenant and his testimonies.
10. For thy Name's sake, O Lord: be merciful unto my sin, for it is great.
11. What man is he that feareth the Lord: him shall he teach in the way that he shall choose.
12. His soul shall dwell at ease: and his seed shall inherit the land.
13. The secret of the Lord is among them that fear him: and he will shew them his covenant.
14. Mine eyes are ever looking unto the Lord: for he shall pluck my feet out of the net.
15. Turn thee unto me, and have mercy upon me: for I am desolate and in misery.
16. The sorrows of my heart are enlarged: O bring thou me out of my troubles.
17. Look upon my adversity and misery: and forgive me all my sin.
18. Consider mine enemies, how many they are: and they bear a tyrannous hate against me.
19. O keep my soul, and deliver me: let me not be confounded, for I have put my trust in thee.
20. Let perfectness and righteous dealing wait upon me: for my hope hath been in thee.
21. Deliver Israel, O God: out of all his troubles.
THURSDAY ANTHEM  Sicut cervus / Sitivit anima mea  
music: G. P. da Palestrina (1525-1594)  
words: Psalm 41 v.1 (Vulgate) / Psalm 42 v.2-3  

Sicut cervus desiderat ad fontes aquarum, ita desiderat anima mea ad te, Deus.  
Sitivit anima mea ad Deum fortem vivum: quando veniam et apparebo ante faciem Dei?  
Like as the hart desireth the water-brooks: so longeth my soul after thee, O God.  
My soul is athirst for God, yea, even for the living God: when shall I come to appear before the presence of God?  

SERVICES THIS WEEK  

Wednesday 20 October  
8:30am  Morning Prayer  
5:30pm  Holy Communion  
followed by ‘Sacred Space’  
9:30pm  Choral Compline  

Thursday 21 October  
8:30am  Morning Prayer  
6:30pm  Choral Evensong  

Friday 22 October  
8:30am  Morning Prayer  

Sunday 24 October  
6.00pm  Choral Evensong  
Preacher: Elizabeth Campbell  
Curate, St Luke’s West Holloway  

NOTICES  

Welcome to all attending in person and all watching online.  

For regularly updated information about chapel service this term, and for all YouTube links for watching live or afterwards, see https://www.sel.cam.ac.uk/about/chapel-and-choir  

Something new this term: we have moved our Sunday morning worship to Wednesday 20 October at 5.30pm. There will be Holy Communion from 5.30-6.15pm, and starting this week, this will be followed by Sacred Space, an informal student discussion of scripture focusing this term on the Psalms. Refreshments provided!  

Morning prayers are said on weekdays at 8.30am, except Fridays. At other times, the chapel remains open for private prayer and reflection from early in the morning until late evening.